

MY REIKI JOURNEY WITH ANIMALS

Written by Carol Mulrooney

The Jack Russell terrier slowly shifted his little body into a comfortable position on the bed. I felt the familiar surge of energy flow through my hands as I noticed an intent look in his soft brown eyes. He stared at me, a look mixed with curious wonder. “Is this ***really coming from you?***” his eyes seemed to enquire. He accepted the Reiki energy, relaxed and closed his eyes, seemingly in complete trust of the healing energy flowing into him.

Patchy had lymphatic cancer and had undergone chemotherapy the previous day. His oncologist said he would experience the side effects of nausea and tummy upsets after the therapy. But to the vet’s amazement, Patchy did not display any of these symptoms nor did he experience any hair loss while receiving further chemotherapy. I continued sending Patchy distant healing and he made a full recovery, living happily for many years thereafter.

There is no doubt in my mind that having a dog as my first Reiki client in 1997, was not just an arbitrary event. I understood it as confirmation from the Universe that I was to be involved in animal healing. This seemed only natural, as my childhood days were spent outdoors with my animal friends, affording me a deeper connection with nature and the animal kingdom. But Reiki was the catalyst that enabled me to connect to animals on many levels.

As animals are intelligent, sentient beings, they should be treated with respect and their feelings, emotions and intelligence must be acknowledged. Therefore it is necessary to obtain their permission first before commencing a healing session. I connect with them telepathically and “hear” their replies in my mind or sense intuitively their consent. I am constantly amazed at their wisdom and their eager acceptance of the energy. Some dogs will even use their paws to reposition my hands to certain areas of their bodies. Others will rearrange their own bodies in such a way that the energy is directed to where it is most required.

During hands on Reiki sessions I accurately pick up energy blockages by scanning their energy field, alerting me to problems regarding their physical organs. Utilising the second degree Reiki symbols enhances my ability to pick up important information intuitively and assists me in seeing their internal organs psychically. The symbols were also the key that opened the door to the many secrets of their animal souls, giving me further insight to the cause of their problems, as indicated in the following stories:

DIESEL THE BOXER PUP’S SPONDOLOSIS

At the tender age of 18 months, Diesel, my daughter’s playful Boxer pup, started displaying signs of pain and distress when he sat or tried to lie down. While tests and x-rays revealed mild hip dysplasia, the primary source of the pain was spondylosis, a degenerative disease of the spine. His life expectancy was reduced to three years as the disease was encroaching rapidly and was untreatable. He was prescribed

painkillers and Bronwyn made him as comfortable as possible and waited for his spine to fuse. His quality of life had become severely compromised as he responded to the painkillers. There was a huge improvement after I gave him a few Reiki treatments, his appetite improved and he stopped crying out when trying to sit or lie down and he even started playing again. I used the Reiki Laser (a technique given to me by my Reiki guides), where I visualise the energy as a laser beam and focus it on a dis-eased area) to break up the dense negativity surrounding his spine. I extended my psychic fingers and performed psychic surgery on the area, removing the energy blocks. I visualised a brilliant blue light flowing down his spine and saw the pain being flushed out the end of his short stumpy tail. As I drew the Reiki symbols I asked for the energy to flow to the cause of the problem. I felt intense pain in my hands and psychically saw scenes of a puppy having his tail docked. I asked for healing for his highest good and that the memory of this pain be released from his body. Some months later x-rays revealed that the spondylosis had slowed down dramatically. The vet was amazed with the results, as the whole spine was expected to have fused and it had not progressed much more than at the time of the original diagnosis. Diesel now lives a full life; running and swimming like a true boxer and is still going strong at the age of eight.

MAXI'S SNAKE BITE

As we live in the countryside, we often receive visits from a variety of wild animals, including bushbabies, porcupines, meercats, lizards and snakes. Maxi, a Border Collie, grew up in the city, so he was not as acquainted with snakes as the rest of the dogs and our cat. One autumn morning he was sniffing around in the fallen leaves on the lawn when he was bitten by a puff adder on the side of his face. My husband drove the car as we rushed him to the nearest veterinary hospital. I sat at the back of the car with Maxi and gave him Bach Flower Remedies. Rescue Remedy to help with the shock and Crab Apple for cleansing. I also kept putting Rescue Remedy on the actual bite. I did Reiki and performed a TTouch technique called ear slides (by moving my thumb and forefinger from the base of his ear to the tip) to prevent his body from going into shock. I drew the Reiki symbols and used the mental and emotional symbol to clear the poison from his system.

By the time we got to the vet his face and neck were beginning to swell. He received immediate attention and was put onto a drip. Because of Maxi's age (14 years old) the prognosis was not positive. We were also advised that the puff adder's poison would cause the skin to rot in the area of the bite, so if he recovered we should be prepared to deal with that situation. We stayed with Maxi as they placed him in a kennel adjacent to two other dogs (also being treated for snake bites). We said a teary goodbye, not knowing if he would ever come home again.

My Reiki students' network, family and friends all sent Reiki to Maxi and prayed for his recovery. I sent distant healing to him and all the other animals in the hospital for healing for their highest good. The next day his face and head were swollen to twice the normal size. That night I sat with his photo between my hands and beamed distant healing to him, visualising the poison and swelling leaving his body. I asked God, Reiki Guides and St. Francis of Assisi (the patron saint of animals) for help. Early the next morning the vet called advising that as the swelling had miraculously

gone down during the night and we could go and collect him. When we arrived at the hospital, all the other animals were leaving as they had also made a speedy recovery, much to the vet's surprise.

I continued to give Maxi Reiki and thankfully he made a full recovery without any of the predicted skin rotting on his face. He is now 15, has a voracious appetite, enjoys playing with his ball and continues to chase the hadeda ibises off the lawn.

MAC-TAVISH'S BLADDER/KIDNEY PROBLEM

Reiki has often assisted our animal companions when they have suddenly become ill during the night and we are unable to get them to a veterinary hospital.

One night, at around about 11.00pm, we were awakened by Mac-Tavish, our Irish Setter cross Labrador's frantic cries. We let him out and it was evident that he was very uncomfortable as he was battling to relieve himself. He had been prone to kidney and bladder problems in the past, but this incident was the worst.

I gave him some Rescue Remedy to calm him down and started a lengthy Reiki treatment. He was unable to settle down and I had to let him outside every 15 - 20 minutes. I continued with the Reiki each time and focused on his bladder and kidneys, using the symbols and visualising his bladder being emptied. I gave him more Rescue Remedy and eventually he calmed down and received the energy for longer periods of time. At around 4.00am he was able to fully relieve himself. The vet confirmed a few hours later that he did indeed have another kidney/bladder infection and that it was already healing well.

Reiki used as a preventative measure has thankfully kept Mac-Tavish free of further kidney problems. I enjoy an evening Ritual with my four dogs and cat before bedtime, when I beam Reiki to each of them. I draw the symbols and focus on their various health problems and ask that Reiki boost their organs and keep them healthy. Three of the dogs are 15 years old, and I find this helps them to retain their youthfulness and good quality of life, while it instils calmness in the younger, hyperactive animals.

DISTANT HEALING:

Sending Reiki over a distance has been an invaluable method of healing many animals in various areas of South Africa. I am often asked to try and locate missing animals. I focus on my heart chakra until I feel the heart area growing warm, then I visualise a pink light flowing from my heart to theirs. I connect with them psychically and ask permission for me to communicate with them. I try and pick up details of their health and location. I send Reiki to them for healing or for a safe return home.

KITTI'S BROKEN LEG

A few years ago, when I was still working in an office, a colleague arrived at work very upset as her little son's kitten had disappeared. Debbie asked me to send Reiki and see if I could pick up anything.

That evening I sent Reiki and felt intense pain in my hands, particularly in one of my fingers. I psychically saw a blue motor car and got the feeling that the cat had been

injured. I continued sending distant healing to him for his highest good. Initially the pull of energy was very strong, but as time went by, it grew steadily weaker, but my intuition told me that he was still alive. Kitti had been missing for almost six weeks, when a very happy Debbie arrived one morning to report that Kitti had returned home around 3.00am that morning. He seemed to be in good health apart from a slight limp in a hind leg. The vet confirmed that he had been hit by a car and x-rays revealed a spiral fracture. The vet said that the bone seemed to be healing so well, that he was not going to cause the cat more stress by operating. He said that the cat would probably have a limp for the rest of his life. Debbie believes that Reiki definitely helped to keep him alive while he was away from home. Kitti continued to improve and fully recovered, and today walks without any trace of a limp.

REIKI AND THE LYNX

A friend living on a farm in the Soutpansberg area in Louis Trichardt contacted me one day. Rozanna urgently requested help for a neighbouring farmer. A caracal had been killing his sheep and he was reluctant to shoot her. He was prepared to find another solution so she asked me to try and contact the caracal.

I drew the Reiki symbols and connected with her immediately. I told her telepathically that she had to stop killing the sheep immediately and showed her a picture of a gun. I let her know that if she continued she would be shot. I urged her to go higher up into the mountains where there was an abundant supply of suitable wild animals she could hunt for food.

I sent Reiki to the situation and requested help from the Reiki Guides and Holy Angels. After a while my hands grew very hot as she accepted the energy. Then something amazing happened. I felt that I had merged with her. I was in her body, looking out through her eyes. I was and running along the ground through the long thatching grass. I could feel the ground moving beneath me, my heart was pounding and thumping in my ears. Eventually this sensation faded and I then saw the caracal carrying her kittens one at a time, away from the farms at top speed.

Rozanna called me the following evening and confirmed that no more sheep had been killed. Her husband and neighbouring farmers checked the spoors at the water holes, and without a doubt, there was no trace of the caracal's spoor. I was pleased the wild cat had got message, and saved herself and her kittens.

ANIMALS AS OUR TEACHERS:

One of my canine teachers was Lucy, an aging Staffie who had been a regular client since Reiki had assisted with the healing of chronic interstitial cystitis in 2001. Lucy became hooked on her weekly 2 o'clock Reiki appointment, and would sit in the car from about 11.00 in the morning waiting until it was time for the drive to my healing centre.

One day I jokingly enquired from her, "So what have you been up to this week, old girl?" I was very surprised when pictures flashed into my mind of her eating a disgusting looking creature. I even got the offensive whiff of something which had long expired. "Is that what you did?" I asked. "Did you really eat a dead fish?" I

heard her words in my mind, “Yes I did, but they tried to take it away from me!” Her human, Catherine, verified that her husband had tried to extricate a rotting fish from the dog’s tightly clenched jaws during their walk along the river just a few days earlier. Lucy had given me the necessary confirmation that I could communicate telepathically with animals other than the resident pack of hounds with whom I shared my life at that time.

When Lucy eventually crossed over in 2004, I decided to send her Reiki to express my gratitude for what she had taught me. In my healing sanctuary I lit a candle and burned some incense in her honour. I settled back in my chair and drew the Reiki symbols on my hands and in the air before me. I held a picture of Lucy in my mind and asked permission to connect with her in the spirit world. I focused on my heart chakra and felt the area heating up. I sent her love and light by visualising a beautiful pink light flowing from my heart to her. I was totally unprepared for her response.

I felt the familiar heat and pulling in the palms of my hands as I held them up in the beaming position. The heat quickly spread to my whole body accompanied by a wonderful tingling feeling. The room filled with a golden glow, sprinkled with pulsating globules of white and yellow light. An intense feeling of love permeated my entire being. I felt completely cherished and cosseted by this powerful energy. My first impression was that the energy was emanating from a very powerful being, but later felt it was coming from a group of beings. These words appeared like a chorus in my head, reverberating and vibrating with the light in the room. “Thank you, thank you for the love and healing, because you sent healing to Lucy, you also sent to the collective, we thank you.” Time seemed to stand still so I cannot tell you how long I stayed there, just drinking in the pure pleasure of the moment.

In retrospect, I wonder if Lucy could possibly have been one of those great beings who choose to reincarnate to experience life as an animal here at Earth School. Or had I perhaps communicated with the group oversoul – the collective consciousness and wisdom of a particular species? I guess I will never know for sure.

What I do know, is that I shall be eternally grateful for the Reiki journey I chose to embark on. I am also grateful to all the animal friends I have encountered along the way, particularly those I communicate with in the spirit world during the empath readings I do for their humans. Their messages of wisdom and comfort bring peace to the grieving humans they have left behind.

I would also like to express my gratitude to my Reiki Master Michéle Stuart for attuning me with the Reiki energy and my ultimate Reiki Mastership, allowing me to accomplish my soul purpose. Grateful thanks must also go to my animal family, my companion dogs: Mac-Tavish, Nikita, Maxi, Tess and Inca the cat, for everything they have taught me and continue to teach me every day.

But my deepest gratitude must go to the Higher Power called REIKI for being my constant companion on this wonderful healing journey and allowing me to enrich the lives of both humans and animals in such a meaningful way.

This quote from Hawayo Takata says it all:

"I believe there exists One Supreme Being – the Absolute Infinite – A dynamic Force that governs the world and universe. It is an unseen spiritual power that vibrates and all other powers fade into insignificance beside it. So, therefore, it is Absolute!...."

I shall call it "Reiki"

Being a universal force from the Great Divine Spirit, it belongs to all who seek and desire to learn the art of healing."

Disclaimer:

This article was originally written in 2002 regarding animals I worked with between 1997 and 2006. All of the animals went on to live fulfilling lives, some for many years to come, and have since crossed over into Spirit.

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