

WORKING WITH REIKI GUIDES, ANGELS AND ARCHANGELS

By Carol Mulrooney

Growing up I was always sensitive to the energy in places and often felt the unsettling feeling that I was not alone. My mother was psychic and so were both her maternal and paternal grandmothers, and she would often remark that “there were spirits visiting”. I didn’t really understand much about it then, but I learned to live with it.

In 1996 I was introduced by my work colleague Joyce, to her partner Sue, who was a psychic medium. They invited me to join their psychic circle where spirits came through from the other side and taught us various spiritual lessons to assist us here at what they called Earth School.

The Guides told me that I was born with clairvoyance, clairaudient and clairsentience skills, and that I should work at developing them. My knowledge of spirit guides and the spirit world increased, and my own guide came through one day, saying I had healing hands and I should learn to do healing myself. Sue and Joyce gave me Barbara Ann Brennan’s book ‘Hands of Light’ for my birthday and from that day on, I was hooked on energy healing.

It was shortly after I completed my second degree Usui and Tibetan Reiki training that I became more aware of the presence of spirits in my Reiki room. I would often feel the sensation of another pair of hands working alongside mine, as I worked on a client. Sometimes it felt like the brushing of a sleeve against my arm. Another day, I felt my hands being moved to another spot on the client’s body, that wasn’t one of the usual Reiki hand positions.

One of my Reiki Masters taught me that as Reiki practitioners, we also have two holy angels assisting us during Reiki sessions. They’re the Angels of Transportation and Transmutation. As we remove the negative energy from our clients, the one angel transports it away, while the other transmutes it into White Light. Once transmuted this energy is again pure light and love - a healing energy.

It’s very important that we direct this transmuted energy to a specific place or situation. We cannot leave energy floating around the Universe. I always say a prayer, asking that the transmuted energy is sent to where healing is needed, for example, the animals and people caught in wars or natural disasters.

My clients also often confirm the presence of the spiritual helpers during a Reiki session. On numerous occasions, at the end of a treatment, my clients have looked at me with big eyes filled with wonderment and said something along the lines of, ‘do you know you have somebody else helping you with your healing?’ or ‘I knew you were working on my head, but I felt somebody working on my feet as well.’

A visit to a well-known Johannesburg clairvoyant further enlightened me regarding my Reiki Guides. The clairvoyant told me that I had a Chinese healing guide called Mr Chang and two male Japanese Reiki Guides assisting me. They were both

dressed in shocking pink tunics with long bell sleeves. Their long grey hair was worn in pony-tails, which hung mid-way down their backs.

She also confirmed that in about ninety percent of my past lives I had been a healer, a medicine woman, or a shaman, and in one lifetime in Hawaii I was a Hawaiian kahuna.

A friend of mine, a Romanian clairvoyant who had grown up with the ancient, familial art of tasseography (coffee grain reading), also confirmed these past lives and added that I had been a Tibetan Lama in a past life. That explained my love for Tibet and Tibetan music and why I was first drawn to the traditional Usui and Tibetan Reiki course.

The more I worked with Reiki the more intuitive I became at picking up information from my human and animal clients. The cause of their health problems would just float into my consciousness and the Guides would indicate what I should do, either by showing me telepathically or by talking directly to me. I would often hear a voice saying, fill the aura or a particular organ with a certain colour light, which was the case with a new client in March 2000.

Fill the lungs with gold

I gently explained the Reiki healing process and hand positions to him. I noticed he was rather nervous and trembled slightly. Frikki was in his 70s. He had been a very heavy cigarette smoker for many years and now suffered from emphysema. He had undergone several lung operations. He had unsuccessfully tried to give up smoking on many occasions and was not sleeping well. His breathing was laboured, and he wheezed very badly. He asked if he could use his asthma pump if necessary during the treatment.

After my opening prayer and drawing the Reiki symbols, I invited in the Reiki Guides and Angels, Frikki's healing guide and any other healing, spiritual beings connected to him, to please come through and assist him.

In the past, clients' deceased family members and other spirit guides had stepped forward, so I always create a space for these beings to join the session, should they want to.

As I placed my hands on Frikki's face, I immediately felt power surge through my hands as they heated up. I channelled Universal Energy, blissfully aware of being in tune with a Higher Power. As the session progressed, his breathing eased. We breathed in unison for a few seconds and then I felt his tense muscles suddenly relax.

It was towards the end of the session, when the Guides instructed me to return to the lung area when I 'saw' two black beetles. My immediate response was, 'Why are the guides showing me these beetles now?' I continued working but kept seeing these black shapes. I couldn't figure out what they were. Suddenly I heard a guide's voice saying, 'Fill the lungs with gold'.

I immediately visualised gold light flowing into the lungs and I was surprised to see the shapes transform from black to gold. I then realised that I had been seeing my client's black, nicotine-screed and scarred lungs. I was completely blown away. 'Flush the body with gold light', the guide instructed, and I channelled the gold light, this time flushing the entire body with its brilliance.

When the session was over, I Reiki'd a glass of water asking that the water be filled with light, love and healing for the highest good of my client and that all toxins be flushed out of his body.

As Frikki drank the water, he mused that it was incredible that he hadn't needed his asthma pump once during the treatment. In fact, his wheezing was barely audible. He was amazed at the whole Reiki process, especially the heat emitting from my hands. He described it as 'a most remarkable experience' and promised to call me the following day and let me know he was feeling.

The following day Frikki babbled excitedly over the phone as he told me that the heat he'd felt during the treatment had stayed with him until 7pm that night (about five hours after his treatment), and had even misted up his car windows as he drove home!

He also told me that his cat, which had a facial injury on one side of her face and was blind in that eye, had followed Frikki around from the time he got home until he had sat down. When he did, she climbed up onto his chest and snuggled inside his shirt with her injured face buried in his chest. He said she stayed like that for about an hour, just absorbing the energy. What was most remarkable was that since her accident, the cat had not allowed anyone to touch her face.

That night, his stomach and lungs eliminated and expectorated their dark toxic waste. He couldn't believe how much better he felt. His sleep improved over the coming weeks and he managed to cut down dramatically on his smoking.

The Reiki laser

Sometime later, Joyce requested an urgent Reiki session as she had been diagnosed with colon problems and the surgeon wanted to operate.

During the session while working on her colon, Joyce said 'The Guides are here, and they're giving you a tool that you need to use to help people and animals. I immediately saw a bright blue-purple coloured flame descend in front of me, which then took on the shape of a laser beam.

I heard the Guide say, 'This is the Reiki laser, use it on the colon'. I visualised my hands forming around the beam of light and moved it several times over the colon area. The Guide said, 'Release the light', so I visualised it ascending upwards toward Heaven. I was then instructed to perform psychic surgery over the whole area, and I cleared out the blocked stagnant energy.

The colon area appeared black when I began working on Joyce, but got lighter and lighter as I worked. I repeated the clearing motions several times, and was then instructed to seal her aura over the colon area. I smoothed down the auric filaments and sealed it with the Sei-He-Ki. I drew the Reiki symbols over her colon again and continued to send more Reiki.

The Reiki Guide indicated that Joyce had to drink more water and change her diet to a healthier one. I psychically saw vegetables like broccoli, cauliflower, various green herbs and fruits, making dancing-like movements above her colon.

A few days later Joyce phoned saying that the surgeon was surprised at the change in the condition of her colon and decided that an operation was no longer necessary.

In subsequent Reiki sessions with human and animal clients, the Guides would 'show' me the clients' internal organs that required healing. Diseased organs always appear dark, and grow lighted after performing psychic surgery or cleared the energy blocks with Reiki.

Psychic surgery and psychic waste:

My husband injured his shoulder when he was attacked by our bull many years ago. He experienced pain periodically, but was too stubborn to go for physiotherapy. One day he was in so much pain, he agreed to a Reiki session.

The Guides instructed me to do psychic surgery on the shoulder and clear the blocked energy. I drew the Reiki symbols over the painful area, and over my extended psychic fingers. I worked deep down into the shoulder and started clearing out the psychic waste. I clearly heard the voice in my head saying, 'Pull out the psychic waste', so I kept making pulling motions from the shoulder.

I psychically saw what looked like long ribbons of a wax-like substance, which flowed off the therapy bed and onto the floor. I repeated this until I felt that it had all been removed. I then continued with hands-on healing and felt the energy flowing strongly into his shoulder. My hubby was quite impressed with the whole session as the pain had completely disappeared.

Reiki and skin cancer:

One man who was not as stubborn was my 90-year-old father. He loved Reiki and would often request a session. He loved working in his vegetable garden, but didn't take adequate protection from the sun, so got skin cancer on the crown of his head. The cancer wound was very big, and he had to have radiation therapy. The oncologist told him that unfortunately he would have to live with a hole in the crown of his head for the rest of his life.

I worked daily on his crown for 30 minutes. My dad's healing Spirit Guide came through and told me his name was Carlisle, and that I should use the Reiki laser and the Violet Flame and chant the accompanying decree while working. I drew the Reiki symbols over the whole area and used the Reiki laser to further break up the negativity. I held my hands above the wound and visualised St Germain's Violet

Flame burning up the cancer. I repeated this and the decree several times and visualised the wound healing and decreasing in size.

Six weeks later the oncologist was amazed that the wound had healed so well and had almost grown closed. When my dad told her about the Reiki, the doctor quipped, 'Well done, your energy healing worked with my energy healing, and together we healed this man! To think that I told him he would have a hole in his head for the rest of his life!'

Reiki and a blocked artery:

The other family member to benefit from Reiki was my mom. She had a blocked artery in her left leg. Mom also loved having Reiki sessions as she would actually see the Guides assisting me.

One day, while working on her, she suddenly exclaimed, 'Oh look! There's a beautiful lady standing next to you, dressed in a sparkling green robe. Her hands are superimposed on yours and she's assisting you'. I clearly the guide say, 'My name's Patricia, I'm a healing Guide'.

She told me to do psychic surgery on my mom's leg and clear the blocked energy. She indicated that I should draw the accumulated energy down from the thigh to the feet and shake off the energy each time several times as I worked. I repeated this each time I worked on my mom. At my mom's her six-month check-up, the doctor said it was amazing, a new vein had grown alongside the blockage, allowing the blood to pass through freely. My mom just smiled at the doctor, for she knew the healing power of Reiki.

The nurse from The Other Side:

My niece Michelle was a breast cancer survivor and is great believer in the healing power of Reiki. During lockdown she ended up in hospital in ICU with a severe case of Covid. There were many people praying for her, and I was sending distant healing along with my healing group. She said there was one very bad day when she felt she was going to die. When I sent Reiki I felt her life force energy was very low, and I had a similar thought. She flitted in and out of consciousness and each time she surfaced she noticed a nurse named sister Thuli standing next to her bed.

At one stage she looked up and sister Thuli was standing at the foot of her bed, shaking her head with her arms crossed over her body, as if she was saying, 'no'. Michelle said later, 'I knew if she had opened her arms and nodded, I would have died'. Miraculously her condition improved steadily thereafter and she was moved to a general ward.

Michelle hadn't seen Sister Thuli since she was moved, so asked the nursing staff if they could call her so she could thank the nurse for looking after her in ICU. The other nurses looked at her quite strangely and said there was no Sister Thuli working in ICU. In fact, there had never been a Sister Thuli at the hospital.

We're not quite sure who Sister Thuli was – another healing Guide perhaps, or a being on a special assignment from the Other Side sent to take care of Michelle at that time. What do you think?

Working with Archangels

Archangel Raphael is renowned as the archangel of healing; he has an emerald green robe and works with his green healing light. Archangel Raphael is my constant helper, as I invite him in when I say my prayer at the beginning of my hands-on and distant healing sessions. He fills the person or animal's aura with green healing light, which automatically flows to where it's needed in the body. This greatly increases the potency of the healing treatment.

The other archangel I work with is Archangel Michael. He is the archangel of protection and is dressed in blue with a sword of blue flame. I always invoke him and ask him to drape his blue cloak of protection over my entire body, from my crown chakra and third eye, to beneath my feet. He also protects me from picking up any negative psychic energy released in my healing room.

I believe that as Reiki Masters and practitioners, we must never stop doing daily Reiki on ourselves and embracing the Reiki Principles. By doing so, and maintaining a clean, healthy diet, we will continue to expand our intuitive wisdom and psychic awareness as well as our connection to the unseen helpers who assist us in our healing rooms.

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